

SCHOOL CLIMATE SURVEY

SCHOOL BOARD HIGHLIGHTS

20
21

RAINY RIVER DISTRICT SCHOOL BOARD

STUDENTS

The School Climate Survey is an anonymous survey mandated by the Ministry of Education for students in Grades 4-12, school staff, and parents. School boards across Ontario are required to conduct these surveys at least once every two years, as the information gathered can help foster a positive school climate. This is some of the data we collected.



PHYSICAL ACTIVITY

The majority of students from Grades 4-12

66%

are **not** getting 60 minutes of moderate to vigorous exercise a day.

NUTRITION CONSUMPTION OF SNACK FOODS

Snack foods are usually high in sugar/salt and low in the nutrients needed for physical and mental health.

54% of students in Grades 4-8 reported eating snack foods (chips, candy) 2 or more times per week.

46% of students in Grades 9-12 indicated that their consumption of snack foods increased because of COVID-19.



SCREEN TIME



Recreational screen time use increases with age.

The majority of students from Grades 4-12

82%

reported spending 2 or more hours on recreational screen time, which exceeds the Canadian guidelines.

SLEEP

ONLY 55% of students from Grades 4-12 reported getting 8 or more hours of sleep on a regular school night.

22% of students in Grades 4-8 reported getting a good night's sleep every day.

LIFE SATISFACTION

AMONG STUDENTS IN GRADES 4-8

50%

of students identified feeling worried always or most of the time.

49% of students reported being usually or always able to calm themselves when feeling stressed.

69% of students reported feeling generally happy with life usually or always.

PATHWAYS TO HELP

AMONG STUDENTS IN GRADES 4-8

ONLY 35% of students reported that they would ask for help with a mental concern at school.

35% of students identified a caring adult at school.

79% of students agreed that they knew when they or a friend should get help with a problem.

FEELINGS ABOUT SCHOOL

AMONG STUDENTS IN GRADES 4-8

60% of students reported that school as a place they usually or always belonged.

48% of students reported that they usually or always felt an important part of their school.

65% of students reported that they usually or always had opportunities to be involved in their school.

DIVERSITY

AMONG STUDENTS IN GRADES 4-8

87% of students reported learning about the experiences of Indigenous people and people of various races, cultures, and skin colors.

35% of students reported learning about people of the LGBTQ2S+ community.

FUTURE PLANNING

66% of students in Grades 4-12 identified they wanted to attend university or college.

29% of students in Grades 4-8 reported being unsure of what they wanted to do after high school.

70% of students in Grades 4-8 reported having possible career interests after high school.

SUBSTANCE USE

AMONG STUDENTS IN GRADES 9-12



14% of students reported using cannabis in the past 30 days.



22% of students reported using an e-cigarette (vape) in the past 30 days.



23% of students reported binge drinking in the past 30 days.